









## Building a partnership with your physician & healthcare team

A good bond with your doctor takes being honest and clear. Ask the right questions about your health to get info you need about concerns you have. Asking the right questions lowers the risk of errors from occurring and leads to better health.



**PHYSICIAN:** \_\_\_\_\_

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**HEALTH CENTER:** \_\_\_\_\_

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**DATE OF VISIT:** \_\_\_\_\_

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## During Your Visit

- It's ok to tape-record your visit, take notes or bring a friend or family member with you
- Keep your talk focused to make sure to cover your main questions and concerns. These are any issues you may have and how they impact your life
- Ask your doctor to clear up anything you don't understand
- Let your doctor know if you are seeing other doctors
- Share info about any recent health tests your doctor may not know about

## Questions to ask about a health issue.

- What is my health condition?
- What has caused my health issue?
- Can my health issue be treated?
- How will this health issue change my health?
- What should I expect?
- Should I make any life changes?
- What is the care for my health issue?
  - How good has this care been with others?
  - Are there any risks tied to this care?
  - What can I gain from this care?
  - When will care start, and how long will it last?





