

# HEALTH MANAGEMENT ASSOCIATES

## Making Data Work for You

Million Hearts Learning Collaborative  
November 17, 2021

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DC | HEALTH

# HEALTH MANAGEMENT ASSOCIATES



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- ❑ Mary's Center: Dashboard Best Practices
- ❑ Making Data Work for You
- ❑ Q & A




- **Are you currently using a dashboard to support quality improvement?**
  - Million Hearts
  - Other disease management activities
  - Not yet
  - No/Not Sure
- **If yes, drop the name of the tool in the chat box!**



Care Coordination Dashboard on AZARA

## AZARA

- Introduced at Mary's Center in 2019
- **Needs**
  - Population health management tool
  - Improved access to participant aggregate data for reporting
  - Participant visit planning
- **How it works**
  - Connects to Mary's Center EMR
  - Data is pulled through diagnosis or CPT codes, structured data in progress notes, specific queries
  - Value sets
    - Use of numerator, denominator, and exclusions
  - Measures are set based on HEDIS, comparison to other organizations



**Hypertension Controlling High Blood Pressure (CMS165v8)**

  
 MEASURE

**PERIOD**      **RENDERING PROVIDER**      **COHORT**  
 2021      All Rendering Provid...      My Health GPS

**Hypertension Controlling High Blood Pressure (CMS165v8)** ✕

Endorser: None  
Steward: NCQA

Patients 18-85 years of age who had an active diagnosis of hypertension during or prior to the measurement period and whose most recent blood pressure during the measurement period was adequately controlled (<140/90mmHg).

**Numerator:**  
Patients whose most recent blood pressure is adequately controlled (systolic blood pressure < 140 mmHg and diastolic blood pressure < 90 mmHg) during the measurement period\*

- Most recent systolic blood pressure in measurement period < 140 mmHg
- Most recent diastolic blood pressure in measurement period < 90 mmHg


\*If multiple readings are taken on the same day, measure will look for the lowest diastolic and lowest systolic values from all readings. The Detail List includes a "Multiple BP" column that shows the lowest systolic and lowest diastolic readings. This means the final reported diastolic and systolic numbers may be a composite of values from different readings. For example, on reading of 150/95 and another of 135/100 would result in a reported value of 135/95.

**Denominator:**  
Patients 18-85 years of age who had an active diagnosis of essential hypertension during the measurement period.

- Age >=18 and <85 at the start of the measurement period
- Active diagnosis of Essential Hypertension prior to or during the measurement period
- Measure qualifying visit in the last 12 months (see value set tab and technical specifications for qualifying visit codes)

**Exclusions:**

- Active Pregnancy during the measurement period
- End Stage Renal Disease before or during the measurement period
- Chronic Kidney Disease, Stage 5
- Dialysis, Kidney Transplant recipient before or during the measurement period
- Hospice Care overlapping the measurement period
- Age >= 65 and <81 at start of period, AND the following in the two years before the measurement period end
  - Evidence of frailty, AND
    - > 1 outpatient visit with a diagnosis of Advanced Illness
    - OR
    - Active medication for dementia
- Age < 80 at start of period, and evidence of frailty in the two years before the measurement period end



## **AZARA (CONT.)**

- **Capabilities**
  - Individual level
    - Care Management Passport
    - Identify care gaps
    - Identify participants for outreach
    - Care coordination
  - Population level
    - Panel management
    - Review how participant cohorts are performing on selected health measures
    - Identify cohort-wide care caps
    - Displays trends in participant data over time



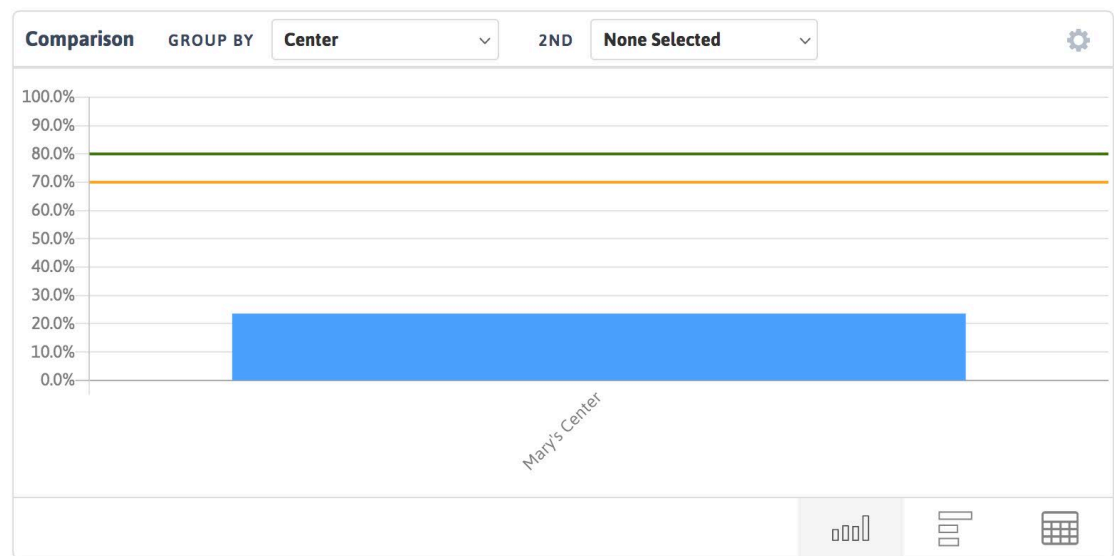
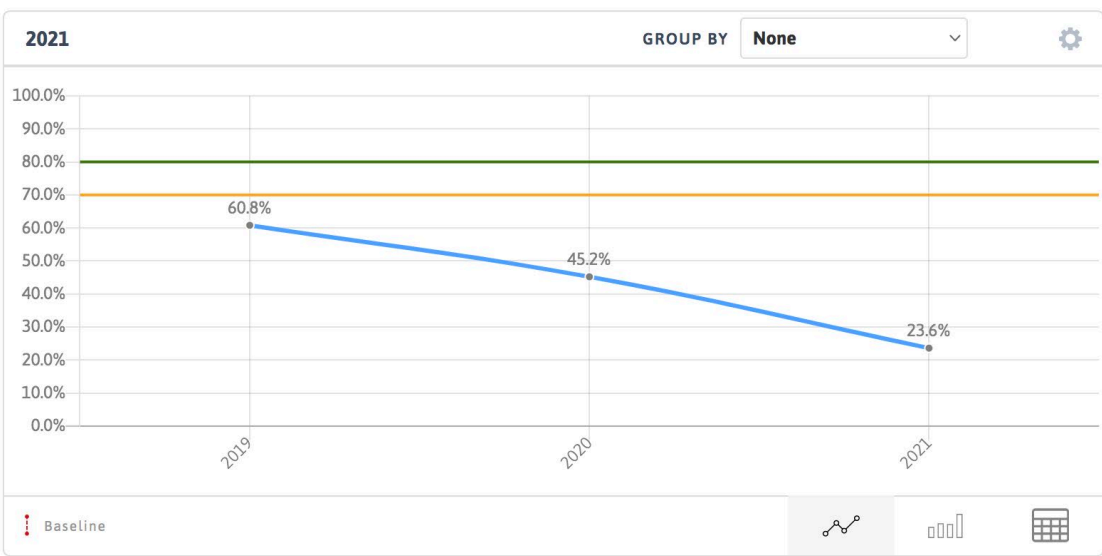
PERIOD: 2021 ⌵ RENDERING PROVIDER: All Rendering Provid... ⌵ COHORT: My Health GPS ⌵

+ Add Filter ⌵ 🔄 Update

MEASURE ANALYZER ☰ DETAIL LIST 🔄 VALUE SETS

**Targets & Metrics** Last Processed 3/6/2021 ⌵

SELECTED	<b>23.6%</b>	-37.2% <span>⬇️</span>	Baseline 2019 <span>⌵</span>	25 / 106 5 Exclusions	81 Gaps	TARGET	Hypertension Controlling High Blood Pressure <span>⌵</span>	60 To Target	BENCHMARK	20% Center Average 42% Network Average 100% Best Center	<span>📊</span> <span>📄</span>
							PRIMARY 80% <span>🟢</span> SECONDARY 70% <span>🟡</span>				



## **CARE COORDINATION DASHBOARD**

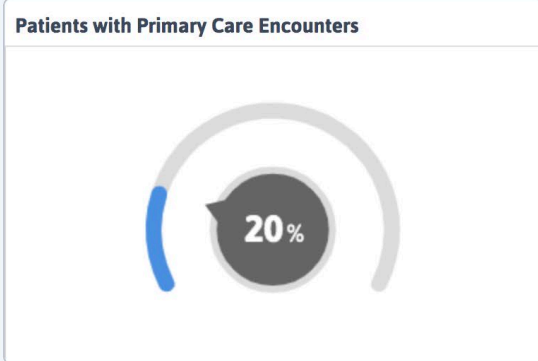
- Developed at Mary's Center to review key metrics that care coordination teams are most frequently monitoring or measuring for their cohorts
  - HTN Control
  - UDS measures
  - Annual wellness exams
- Use of registries
  - Cohorts are created in AZARA for specific participant group
- Ability to select the metric and see individual participant names

PERIOD: 2021 | RENDERING PROVIDER: All Rendering Provid... | COHORT: My Health GPS

+ Add Filter | Update

### UDS 2020 CQMs - Care Gaps

MEASURE	RESULT	NUM	DENOM	EXCL
(2020)		40	61	
HIV and Pregnant	0.0%	0	0	0
Cervical Cancer Screening	57.4%	27	47	
Breast Cancer Screening Ages 50-74	26.4%	14	53	
Tobacco Use: Screening & Cessation	43.9%	25	57	
Depression Remission at Twelve Months	0.0%	0	5	



### Annual Well Care Visits

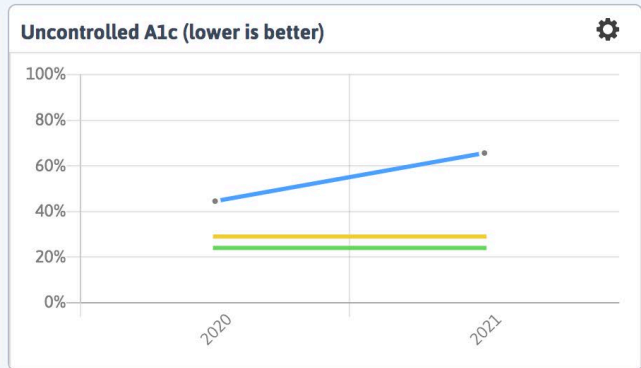
MEASURE	RESULT	NUM	DENOM	EXCL
Medicare AWV	0.0%	0	42	0
Well-Child Care Visits (3-6 Yrs)	0.0%	0	0	0
Well-Child Care Visits (12-21 Yrs)	50.0%	1	2	0
Well-Child Care Visits (<=15 months)	0.0%	0	0	0
Well-Child Care Visits	0.0%	0	0	0

### Diabetes Scorecard

MEASURE	RESULT	NUM	DENOM	EXCL
DM Eye Exam	0.0%	0	61	0
DM Foot Exam	0.0%	0	60	1
DM BP < 130/80	14.8%	9	61	0
DM BP < 140/90	29.5%	18	61	0
DM Depression Screening	32.6%	14	43	18
DM Tobacco Use				

### A1c Cascade

MEASURE	RESULT	NUM	DENOM
DM A1c >= 7 and A1c <= 8	8.2%	5	61
DM A1c > 8 and A1c <= 9	11.5%	7	61
DM A1c > 9	26.2%	16	61
DM A1c < 7	14.8%	9	61
DM A1c does not exist	39.3%	24	61



### HTN Control

MEASURE	RESULT	NUM	DENOM	EXCL
HTN Controlling High BP	23.1%	21	91	3
HTN BP >= 140/90	26.4%	24	91	3



### HCL Control

MEASURE	RESULT	EXCL
PTS W/ DIABETES	61	
DM LDL < 100	6	10%
DM LDL >= 100 AND < 130	5	8%
DM LDL >= 130	2	3%
DM LDL Untested	48	79%

## **AZARA & CARE COORDINATION DASHBOARD**

- **Lessons learned/recommendations**
  - Requires an extensive validation process
  - Measures don't always align with our organization's clinical workflow or may come out prior to one being developed
  - Ongoing quality assurance
  - Can be overwhelming to users based on number of reports available
  - Slow adoption
  - Data does not always match internal reporting

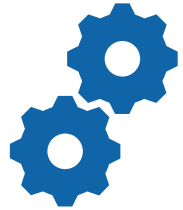
## **AZARA & CARE COORDINATION DASHBOARD (CONT.)**

- **Future plans**

- Have a dedicated team member to help promote AZARA and provide training to staff members
- Help departments and teams connect how it is relevant to their work
- Identify quality champions for reporting measures



- Based on what you've heard from Mary's Center, does this sound familiar?
- What are your goals around optimizing data collection and use?



**Technical elements**



**Operational**



**Workflow**



COMMON DATA ELEMENTS

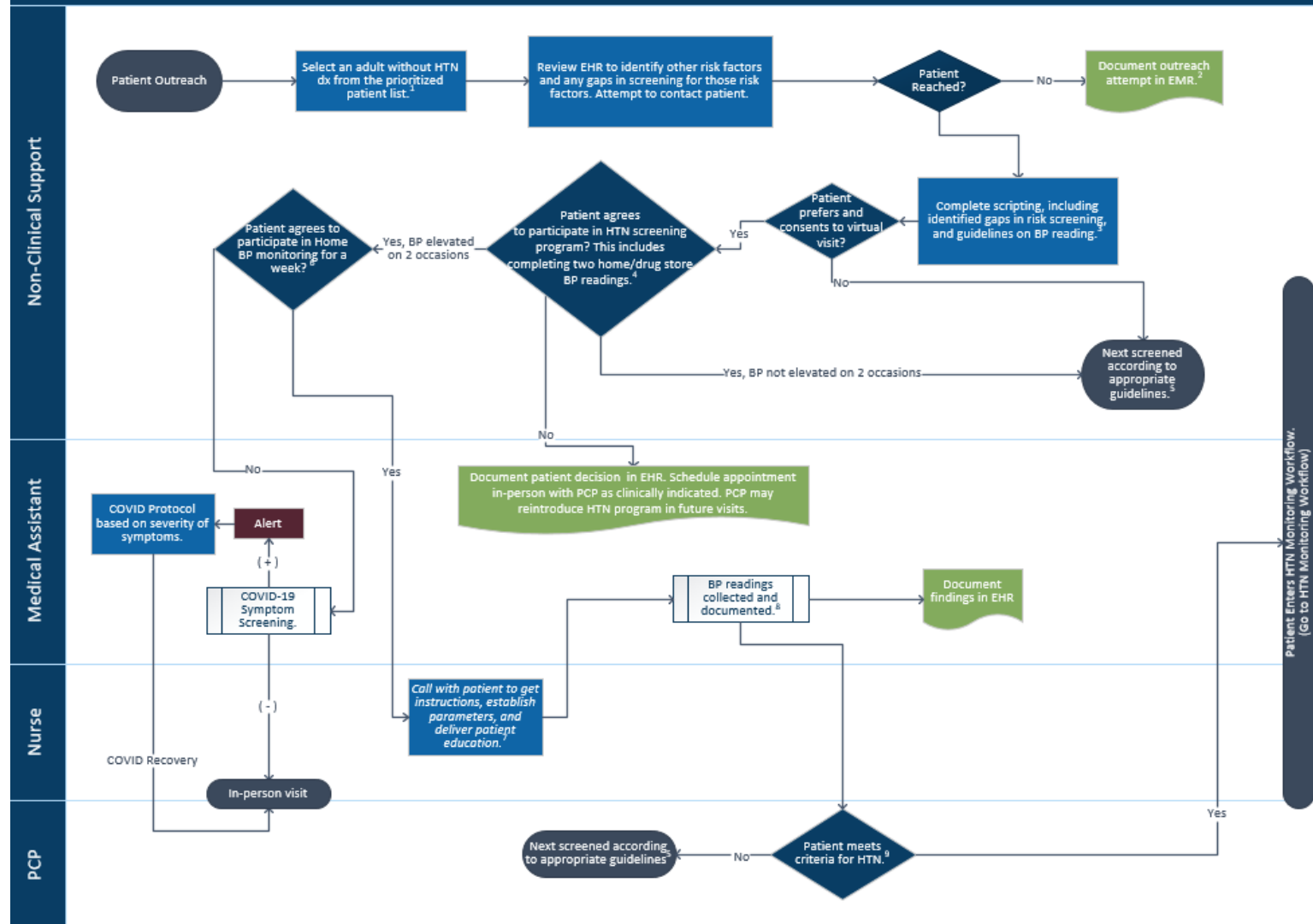


STANDARDIZED OUTCOME  
MEASURES

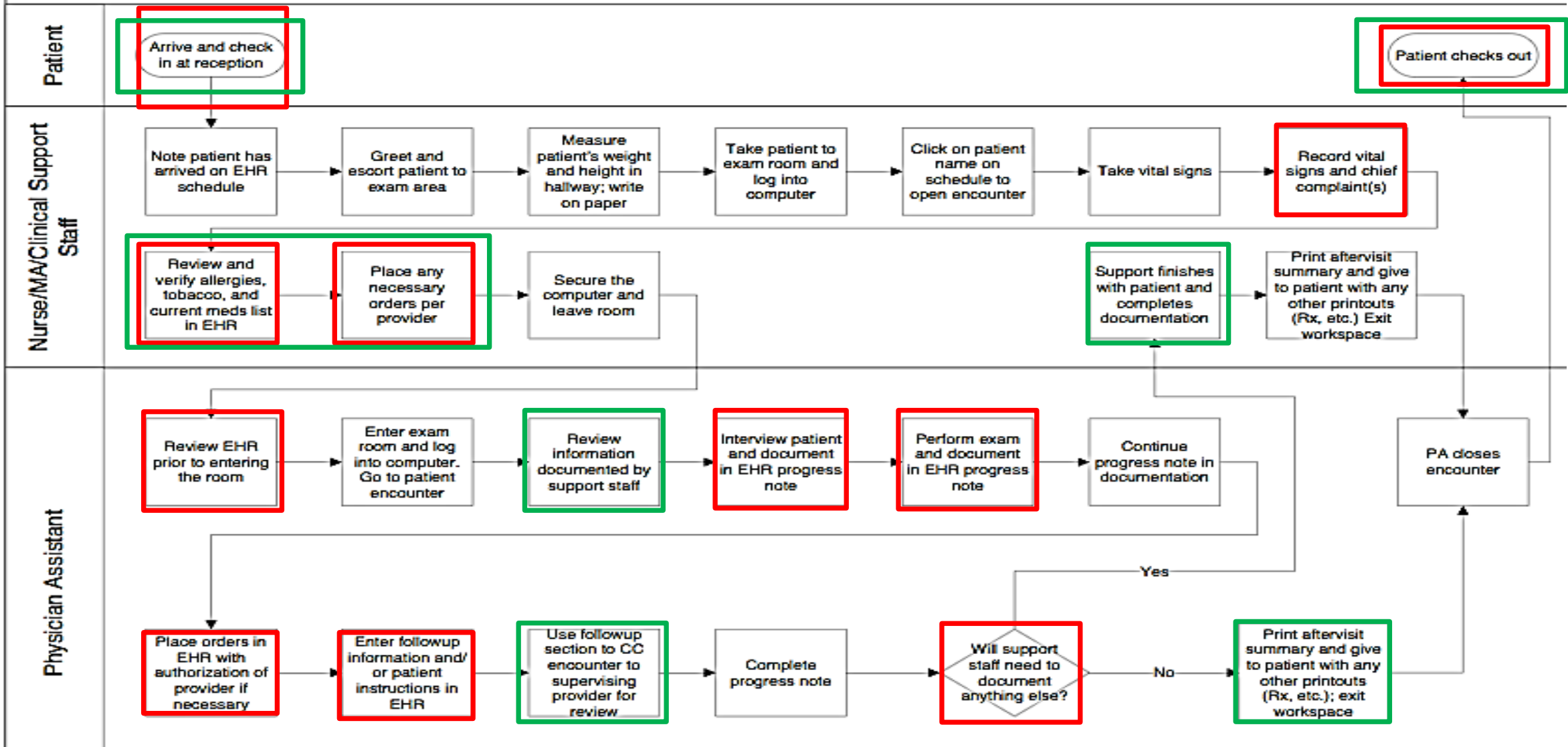


- Prioritizing patients based on risk stratification
- Enrollment of newly diagnosed patients into ongoing self-management
- Patient outreach and engagement
- Coordination for remote patient monitoring device needs
- Patient check in visits for BP updates, labs, etc.
- Ensuring appropriate PCP and specialist visits
- Addressing SDOH in helping to manage HTN
- Patient education

## Hypertension Virtual Model Tool Kit Swim Lanes: Screening Workflow for Those with no HTN Diagnosis



## Physician Assistant (PA) Office Visit





Use functionality housed within your EHR

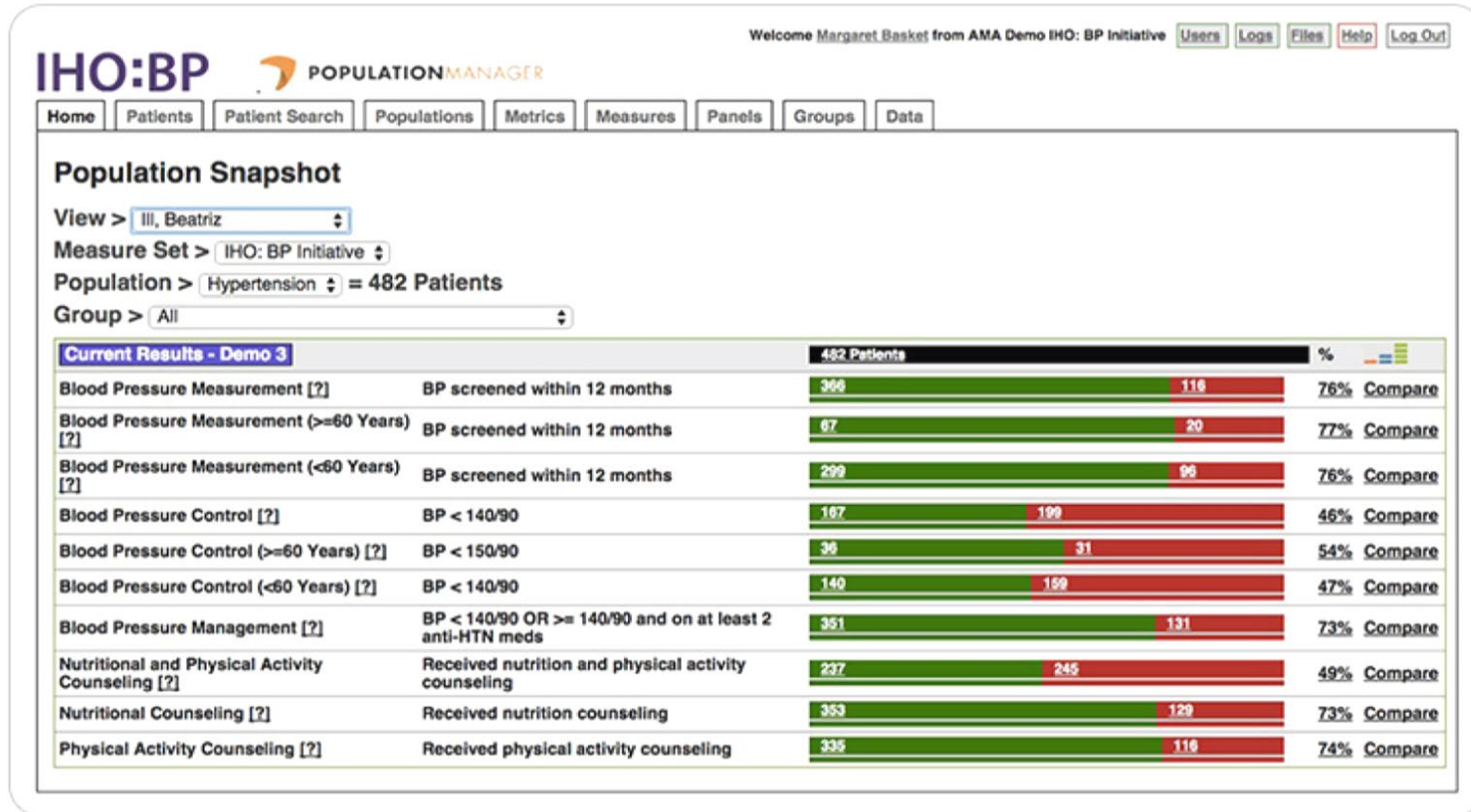


Use a population health management data platform which integrates with your EHR (e.g., Azara)



Create a manual registry (e.g., Excel)

Figure 1.



Patient Information		Enrollment Status and Actions			Contacts			Measurements				Physical Health Data									
MRN	Name	Treatment Status	Tickler	Episode Number (Episode of care/tx)	Date Follow Up Due	Actual Contact Dates	Type of Contact	PHQ-9 Score (Target <5 within 5-7 months of initial elevated PHQ-9)	% Change in PHQ-9 Score (Target is -50% within 5-7 months of initial elevated PHQ-9)	GAD-7 Score (Target <10 within 5-7 months of initial elevated GAD-7)	% Change in GAD-7 Score (Target is -50% within 10 weeks of initial elevated PHQ-9)	Date	BMI/Weight	Date	SBP	DBP	Date	HbA1C	Date	LDL	



# DISCUSSION

## We are here to help you !

- ✓ One on one coaching on clinical workflow assessment for best data use practices
- ✓ Dashboard and registry design/optimization
- ✓ EHR optimization for best data strategies
- ✓ Other questions or ideas? Give us a call!



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1. To what extent did the session meet the stated objectives? (1 not at all to 5 met all objectives)
  - ✓ Discuss current uses and strategies of dashboards/registries (case example)
  - ✓ Describe key concepts in using the whole care team to optimize workflows for useful data capture
  - ✓ Learn basic concepts of EHR optimization to support an effective data strategy
2. How would you rate the session overall? (from 1-5, where 1 is poor and 5 is excellent)



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