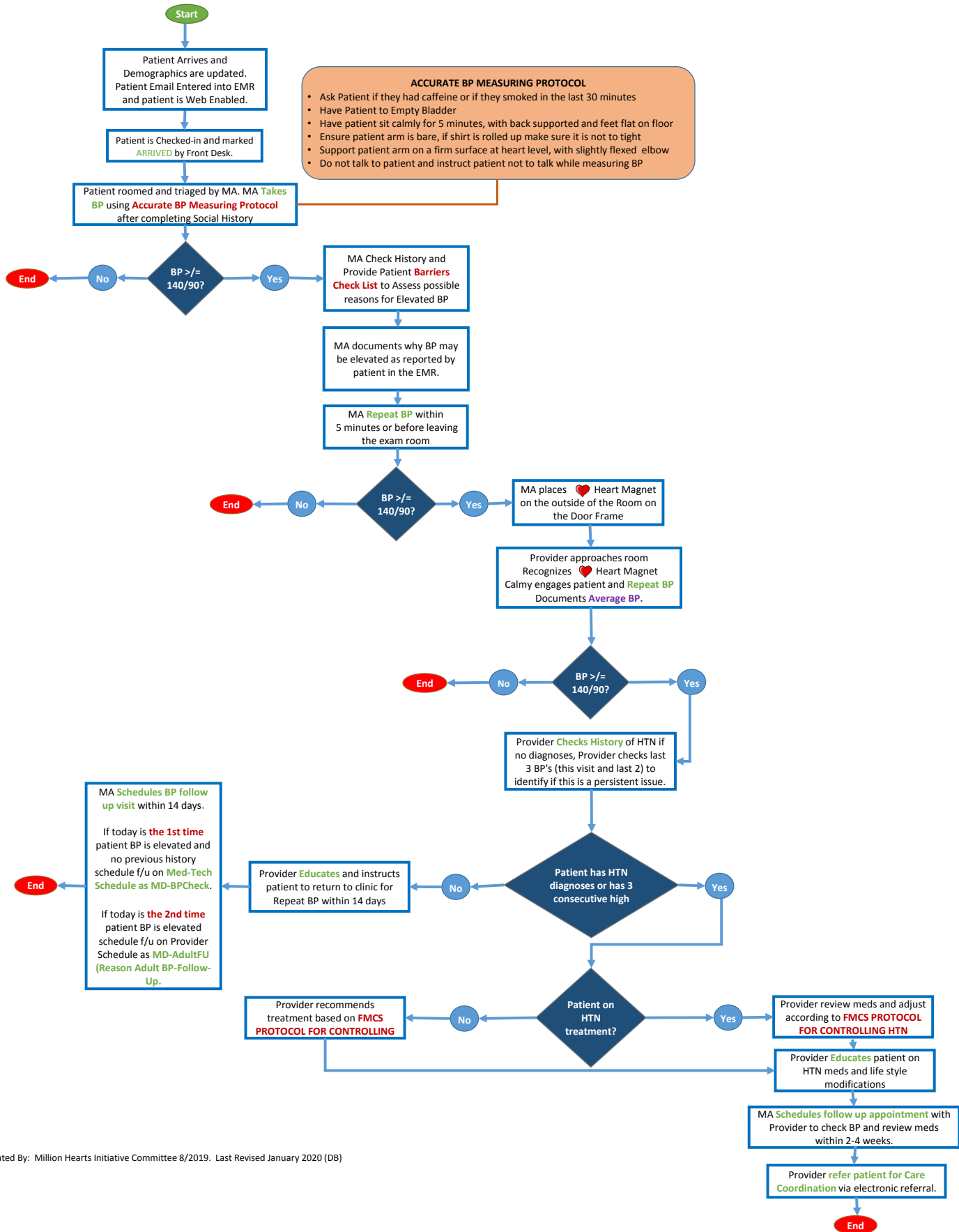




Family and Medical Counseling Service, Inc.

Hypertension Care Team Workflow



ACCURATE BP MEASURING PROTOCOL

- Ask Patient if they had caffeine or if they smoked in the last 30 minutes
- Have Patient to Empty Bladder
- Have patient sit calmly for 5 minutes, with back supported and feet flat on floor
- Ensure patient arm is bare, if shirt is rolled up make sure it is not too tight
- Support patient arm on a firm surface at heart level, with slightly flexed elbow
- Do not talk to patient and instruct patient not to talk while measuring BP

MA Schedules BP follow up visit within 14 days.

If today is the **1st time** patient BP is elevated and no previous history schedule f/u on **Med-Tech Schedule as MD-BPCheck.**

If today is the **2nd time** patient BP is elevated schedule f/u on **Provider Schedule as MD-AdultFU (Reason Adult BP-Follow-Up).**